

Pershore Times



A free monthly newspaper for Pershore and surrounding villages

Issue 83

June 2023

FREE



Small Holding © Peter Hodge, Worcestershire

A new King, a new era has begun! The Coronation was an amazing spectacle and dominated much of last month. The organisation was amazing, with everything timed to perfection. We certainly know how to put on a show. The event was watched by an estimated 400 million people. Absolutely incredible for such a small country to have such a big impact!

The following day we had the Coronation Concert, again a brilliant event watched by over 10 million people in the UK. Holiday Monday was a very different day. First of all we had lovely weather, with street parties and picnic events taking place all over the United Kingdom. A great family and neighbourhood day, a very memorable and special weekend, never to be

forgotten my many of us. It brought a feeling of good will and optimism for the future, we all needed cheering up after the Covid Pandemic. We have local issues on the horizon which cause anxiety. The housing development proposals for Tiddersley Wood, the sale of Pershore Market, the closure of M&Co and the forthcoming closure of Lloyds Bank are all cause for concern.

Summer is here and the weather is looking very good. Certainly the gardens are keeping us busy! The countryside looks fantastic and the wildlife is wonderful. Long may it continue. On a happy note, May ended with the Carnival. Another brilliant event which received a big welcome and a lot of visitors. Well done to all involved. Congratulations to Pershore Rugby Club who celebrate their 60th anniversary and who recently won their first silverware in forty years. We look forward to the summer with great pleasure, let's enjoy everything it brings.

ANNOUNCEMENT!

Unfortunately, three team members were all taken seriously ill at the end of May. This resulted in us being unable to print a June edition on time.

The June edition is available online only.

A combined June/July Paper will be printed in the next few days.

Thanks for your understanding and all the get well wishes sent to our team members.

Ed.

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Tiddesley Wood housing development



Pershore's District Councillors Dan Boatright, Jodi Arnold and Charles Tucker are gearing up to do battle with developers over plans to build 300 houses near Tiddesley Wood. The plan has re-emerged, despite being rejected from the South Worcestershire Development Plan (SWDP) Review last year. Agents Savills of Birmingham are holding a Consultation and Engagement Event on 14th June at the Bank House in Pershore to present their plans. Now the councillors have written to Savills to express their strong opposition to any plan for building near the wood. Councillor Dan Boatright says "Over 2000 people have signed a petition against building near Tiddesley Wood and there have been multiple protests by residents. The three Pershore district councillors have consistently supported residents in opposing the development. We have taken motions to Wychavon District Council and voted against any plan with Tiddesley Wood included. Nothing has changed. We will mount a public protest at the community engagement event on 14th June and will invite

residents to join us. Our strength of feeling on this issue has not diminished."

Councillor Charles Tucker says "Building houses near to Tiddesley Wood would have a disastrous effect on its ecology - by concreting over the feeding and nesting areas of birds, insects, bats and mammals and by dramatically increasing human and pet intrusion around the wood. Noise, pollution and street lights would all play their part in disrupting wildlife as well. Local residents fought this plan tooth and nail when it was first proposed in 2019 and will do so again."

The SWDP Review in 2019 proposed a 450 house "village" built close to the 6000 year old Wood, which is a Site of Special Scientific Interest. This produced huge local protests and great concern that the development would have a catastrophic effect on the wildlife in and around the wood. The housing plan was finally blocked by statutory objections from Natural England and the Wildlife Trust, because of Tiddesley Wood's national importance.

Special Dates in June

Sunday 18th June - *Father's Day*

Wednesday 21st June - *Longest Day*

The longest day of the year, the Summer solstice, is on or near 21 June. It is the day when the sun is at its most northerly point and this is why it is "the longest day". On this day you can see a very old custom at Stonehenge, in Wiltshire

Carnival success!



The sun shone and crowds flocked to this year's Pershore Carnival on Spring Bank Holiday Monday. There was a range of tasty fare in the food zone and tempting treats and interesting crafts in market alley to enjoy. Local charities took the opportunity to raise awareness and funds and the Blue Cross Fun Dog Show was as popular as ever. Pershore Tennis and Rugby clubs encouraged kids to have a go and they also enjoyed the go-karts, circus skills, pony rides, face-painting, ferret racing and bouncy castle. New this year, the Punch and Judy shows had the little ones enthralled and people of all ages enjoyed the funfair. There was nostalgia with the static engines and a modern twist with a silent disco. The afternoon of live music was kicked off in style when over 130 members of i-Sing Choirs entertained with a varied repertoire and fantastic harmonies, with arrangements by their leader, Helen Jones.

Lolly Parton and Memphis Mike got the audience involved and The Bones finished the afternoon with foot-tapping tunes.

The Carnival Committee would like to thank everyone who entered the Procession, this year's theme being 'Summer Holidays'. The winner of the motorised float category was Pershore Riverside Youth Centre, Pershore Abbey won the walking float category with a very special homemade aeroplane and the Palmer Family won the fancy dress category. The Committee is also grateful to shops along the High Street that decorated their windows in keeping with the theme and to No 8 for a special showing of Cliff Richard's Summer Holiday.

Planning will start soon for Carnival 2024 and the Committee would welcome new members to help us make it just as successful next year.



Aldi offers new lease of life for market site

Award-winning discount retailer Aldi has agreed to buy the site from the owners of Pershore Market, with a proposal for a new food store in progress. The market owners are liaising with the remaining traders and trading will continue for the rest of 2023.

Oliver Mackaness, Director at Pershore Markets commented: "We have always striven to do our best for Pershore Market, which was started by my father over 40 years ago. We have seen a number of traders depart in recent years, with the difficult economic backdrop making it challenging for both traders and the Market itself to operate a viable and sustainable business model.

"We feel it is time for the site to be given a new lease of life, and we feel that Aldi is the ideal business to deliver a store that meets the needs of modern-day Pershore."

Simon Glover, Real Estate Director at Aldi, said: "We are aware of the significant demand for an Aldi store in Pershore and we strongly feel that this site presents a unique opportunity to create a new supermarket in a town centre location for local residents. An Aldi store in Pershore will improve choice for shoppers, with high-quality products at low prices – helping our customer's money go further which is a key consideration for so many at the moment. We are keen to develop a scheme that positively contributes to the town centre and local community. We will therefore be involving local people throughout the planning process as we believe it is vital for the community to be given the opportunity to help shape the plans."

Aldi will provide more details

on their plans for Pershore as part of a public consultation launching in the coming weeks. As part of the consultation, the local community will be invited to provide feedback on the proposals, which will be used to inform the planning application.



Best Hair Salon in Worcestershire

ICONIC Hairdressing was announced as Best Hair Salon, Worcestershire at the England's Business Awards, West Midlands Region, on Sunday 14th May 2023.

Over 300 businesses were nominated throughout the region across multiple sectors, from which the top 55 businesses were chosen as finalists and invited to attend the black tie award presentation evening at the East Side Rooms in Birmingham.

Gareth Martin (business owner and entrepreneur) said that ICONIC's amazing team, outstanding customer experience and long standing satisfied clients were the reasons they stood out against their competitors. As Julie, one of their happy

clients said: "I have been coming to ICONIC for more years than I care to remember, they do the best cuts and colour and you feel like a family member when you visit. I will never change, I love them! ♥"

Gareth's commitment to the business, through constant innovation and regular salon wide training, keeps the ICONIC team at the forefront of trends, product developments and anticipating their clients' needs. Gareth said: "We didn't do anything different in the run up to the event! We were just being ourselves and running the business the way we usually do, but a panel has voted us the best in our sector in Worcestershire. It is a massive honour and we



left to right: Hannah Buckley (Business Operations Manager), Gareth Martin (Owner) and Liezl Croft (Marketing Manager)

are over the moon!!" ICONIC Hairdressing is constantly growing, and opened up a second salon on Pershore High Street last year and it is already going from strength to

strength! ICONIC will now go on to represent Worcestershire at the Annual National Grand Final of the England's Business Awards in November, in Birmingham.



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Reg Moule

In addition to his award winning media work Reg is also available to speak at Gardening Societies and other organisations something that he has been doing regularly since 1972.

If you would like Reg to visit your group please email reg.moule@gmail.com for further details and to check availability.

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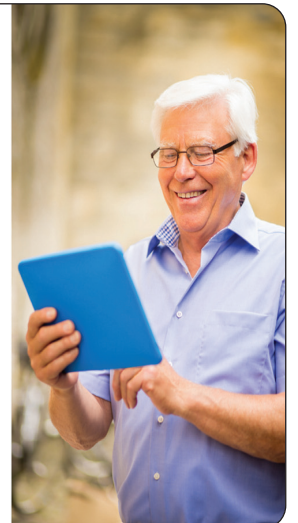
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A few words from...

Harriett Baldwin MP



£2.2 Million School Funding Boost

Schools in West Worcestershire will be getting cash boost of more than £2 million as part of national plans to help schools with rising costs. Harriett Baldwin MP welcomed the cash award which is part of a £2 billion national commitment to support high quality education across the country. Primary schools in West Worcestershire will get an average of £35,000 and secondary schools will get £200,000 to help with rising costs. Schools will receive their first payment in May and will be able to choose how best to invest the extra funding, including to pay for teacher

salary uplifts and teaching assistants. Nationally, the schools budget will be £58.8 billion in 2024 meaning the Government is putting more funding into schools than ever before. It also means school funding is set to rise faster than forecast inflation this year and next year. Harriett commented: "I regularly meet with schools to help me understand their day-to-day budgets and to help with bids for repairs to their buildings or to add new classrooms. This is an extremely welcome cash boost, and I am sure it will be welcomed by the staff who will directly benefit from this news and also parents across West Worcestershire. I have always campaigned for a fairer share of the national budget to go to our high-performing local schools as they work hard to give children a high quality education and the best possible start in life. Over the years, Worcestershire school funding has become fairer and I will keep helping schools to deliver world class education to local children."

Hop on a Bus as Fare Discount is Extended

Harriett Baldwin MP has urged local people to show their support for local bus services as the Government extends a scheme offering discounted bus fares. The £500 million Government scheme will allow millions of passengers across England to 'Get Around for £2' and help bus companies to plan for long-term stability in the sector. Single bus fares will be capped at £2 outside London until the end of October 2023 and then at £2.50 until 30 November 2024 – when the Government will review their effectiveness and future bus fares. Harriett has been working closely with Worcestershire County Council as it develops an on-demand bus scheme to operate across the county. Last year, the MP hosted a summit to discuss local bus service provision getting feedback from local councillors and travel experts. Harriett said: "I welcome the significant extra investment

made available to bus companies to subsidise fares and hope that local people will make the choice to use the bus more where they can. I am strongly supportive of the county council initiative to investigate on-demand bus service provision using mobile phone technology to increase availability. I have always said that bus services rely on the principle of 'use it or lose it' and we've seen services decline in recent years with a combination of the pandemic and reduced local route subsidies. I am asking to meet the local bus company to request they use the money to reinstate services including the route to Malvern's Upper Howsell Road area. This significant cash boost by the Government is a clear signal to the bus companies that they should do much more to promote services and encourage more local people to use their services where possible."

Rotary News



Richard Lees, President



Norfolk Rotarian Paul Weatherill and his unique ShelterBoat arrived too late to highlight in last month's PT, but arrive he did. He was welcomed by Pershore Rotary at the Angel's moorings on his way from Stratford to Tewkesbury, to complete a voyage lasting three days, covering 43 miles and negotiating 16 locks. To date, his efforts have raised over £6,000 for the ShelterBox charity which provides tents and survival equipment to families worldwide whose lives have been devastated by wars, earthquakes and flooding. Congratulations Paul on an amazing achievement. Without doubt the coronation of Charles III brought colour and vitality to the streets of Pershore. We were delighted to sponsor a shop window competition that involved many local businesses, displaying a variety of red, white and blue banners, balloons, flags, photos and much more. The judges had some very difficult decisions to make, but Lynne and her team at the Sugar Plum Tearooms in Broad Street were declared the winners. In 2nd place was the 'One and Every'

gift shop and 3rd place went to Fladbury Flowers. Highly recommended awards were given to Acorns Hospice, Browns Home Hardware, K&J Mason & Daughters, Thai Legend Restaurant, Thomson & Bancks and St Richard's Hospice shops around the town. Our thanks go to everyone who took part and to our judges for giving us their time. Pershore Rotary has supported St Richard's Hospice in many ways over the years. So, it was a pleasure to be invited to visit this month and be guided around the hospice by Jodi and Sophie. The hospice provides a wide range of facilities, including Living Well courses, and a really beautiful, relaxing open space area called the Green Room where members of the public can drop in for a coffee or lunch and support the hospice in the process. Whether you support your own community or overseas, *Pershore Rotary is here to help. If you can help us and want to know more, follow us on Facebook or check out our website at www.pershorerotary.club*





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New Wychavon Chairman



Cllr Alex Sinton hands over the Chairman's chain to Cllr Robert Raphael

A dedicated Evesham community servant has been named as Wychavon's new Chairman. Cllr Robert Raphael was handed the chain during Wychavon's Annual Council meeting on Wednesday 17th May. It is the second time Cllr Raphael has carried out the role, having previously been Chairman in 2021 towards the end of the Covid-19 pandemic.

The 53-year-old is a key part of Evesham's community having served on Evesham Town Council since 1992 and been mayor of the town twice. He is also a trustee of Evesham Volunteer Centre and volunteers his time to help with various groups and events in the town. Cllr Raphael has set himself a challenge of visiting every parish in the district during his year as Chairman to celebrate Wychavon's 50th anniversary next April. Cllr Raphael said: "To serve as Chairman once is a privilege but to do it twice really is an honour. With Wychavon

turning 50 next April, I am looking forward to getting out and meeting people and celebrating the wonderful place that is our beautiful district." Cllr Raphael's mother Diana – also a long-serving member of the Evesham community known locally as 'Mrs Evesham' will accompany the new Chairman on official duties. Cllr George Duffy was elected Vice Chairman.

Cllr Raphael was handed the chain by outgoing Chairman Cllr Alex Sinton. Cllr Sinton's year has been marked by royal events. He started his year as Chairman representing the district at Platinum Jubilee celebrations before leading Wychavon in mourning following the death of HM The Queen and then proclaiming a new monarch. He rounded off his official duties by representing Wychavon at the recent coronation celebrations for HM King Charles III.

Postage stamp deadline approaching!



Royal Mail customers have until July 31, 2023 to use old first and second-class stamps before they will no longer be valid for post. Now is the time to start using up your stamps if you have a stash tucked away at home. Regular stamps without a barcode will no longer be valid after July 31, 2023, with the recipient having to pay additional charges. The traditional stamps, featuring a left-facing profile face of Her Late Majesty The

Queen, on a coloured background, will not be used after July this year. Only barcoded stamps, non-barcoded Christmas stamps, or special collection stamps can be used. Initially set to expire in January this year, Royal Mail extended the deadline by six months to use or exchange their old stamps. A swap-out scheme has been introduced for anyone who wants to exchange their old stamps for new ones, which you can do online or via post.

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56,600 families cut childcare costs

Tax-Free Childcare has saved 56,610 families in the West Midlands on their childcare costs during the 2022 to 2023 tax year, an increase of more than 12,000 from the previous year according to the latest statistics released by HM Revenue and Customs (HMRC 24 May 2023). With thousands more families benefitting from the government top up year on year, HMRC is reminding eligible working families of the financial support available to pay for approved childcare including holiday clubs, breakfast and after school clubs, child minders and nurseries. Last year, £533 million in government cash was shared by families across the UK who saved money on their childcare bills. Working families, with children

up to the age of 11, or 16 if their child has a disability, can save up to £2,000 a year per child or £4,000 a year if their child is disabled. For every £8 paid into a Tax-Free Childcare account, families automatically receive an additional government top up of £2. Families can save up to £500 every 3 months for each child or £1,000 if their child is disabled. This is one of many ways the Government is easing cost of living for people across the country, whilst taking action to halve inflation this year which is currently adding pressure to household budgets.

The government is offering help for households. Check GOV.UK to find out what cost of living support, including help with childcare costs.

Help to Save extended!



Get 50p for every £1 you save



Help to Save – the government savings scheme for low-income earners, which offers a 50% bonus payment worth up to £1,200 over 4 years – has been extended to April 2025, HM Revenue and Customs (HMRC) has confirmed. More than 359,200 customers have opened savings accounts since its launch in September 2018 and an additional three million individuals could still benefit from the savings scheme as a result of the extension. Help to Save is a savings scheme for low-income earners. Savers can deposit between £1 and £50 a month into their account and will receive a government bonus– even if money has been withdrawn. Savers will earn a

50 pence bonus for every £1 saved and the bonus payments are paid in the second and fourth years. This means that someone saving £2,400 - the maximum amount they could deposit over four years - would receive a £1,200 bonus from the government, paid directly into their bank account. Setting up a Help to Save account online is quick and easy to do, and takes less than five minutes to sign up. Eligible individuals can find out more and how to apply on GOV.UK or via the HMRC app.

It is quick and easy to apply online or via the HMRC app, just search 'help to save' on GOV.UK to find out more.

Police officer numbers hit historic high!



A record number of police officers, 2494 in total, are now serving in West Mercia, as officer numbers hit new highs. Police and Crime Commissioner John Campion has supported West Mercia Police's Chief Constable to not only meet the Government's uplift target for West Mercia, but exceed it. Your police force now has a headcount of 2494 officers, with officer numbers increasing

by 508 since the PCC was first elected in 2016. A further boost to officer numbers will happen in this financial year, with an additional forty officers recruited to create new community crime fighting teams. The PCC is committed to ensuring police officers are accessible and visible in your community, tackling the issues that matter to you.

Study of landscape archaeology

South Worcestershire Archaeological Group (SWAG) is a group formed in 1981 to study landscape archaeology and has a programme of lectures, walks and fieldwork. We meet indoors during the winter for a series of talks on a wide-ranging series of topics from Castle development to Witches Marks! Our summer programme is usually a number of walks investigating the landscape and including the development of villages and towns. Last year we visited Ludlow and Tewkesbury looking at lesser known parts of those towns. In the past we have visited many local towns and villages, some of which need a revisit as historical and archaeological discoveries occur. We have participated in many archaeological activities including field walks, finds washing a look at deciphering ancient documents and some experimental pottery making. We try to have ideas to suit many people.



This year we have had a most interesting tour of the canal and docks at Stourport. Our next walk is a trip to investigate the remains of the Gloucester to Hereford Canal then a continuation of an exploration of Stourport docks with a possible boat trip. In August we have a social event to celebrate the Coronation at Callow End Village Hall with a prize for the best crown! We are always pleased to welcome new members either as a one off or to join us in our many activities. For more information please contact Mike Ellison on 07738995825 or wmellison@tiscali.co.uk or: swagmembership@gmail.com

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Pershore Embroiderers and Textile Artists - Looking for Past Members...



Pershore Embroiderers and Textile Artists will be celebrating 40 years of Embroidery and Textile creativity this August - 1983 - 2023. We are looking to get in contact with past members to help us celebrate 40 years of our society. We would like past members to share their memories of the society and bring along any embroidery or textile work they may have completed while they were a

member of this wonderful group. We hope to create a display on the day of the celebration to show our creativity over the past 40 years. We are also exploring the idea of having a display to celebrate this amazing achievement at Number 8 in Pershore. Past and present members can join us for a our celebration at Defford Village Hall, Harpley Road, Defford, WR8 9BL on the 15th August 2023 from 10am - 12pm

If you would like to join us and to share your memories and any of your embroidery or textile work please contact either Anne Newbon on 01386 561519 or Theresa Clarke on 01386 556066. We look forward to hearing from you. Transport to and from the event can be arranged via the above contacts.



A Community project completed by PETA for the Wellbeing Hub, Pershore 2022

Flower Club News

On a sunny evening on the 17th May Jackie Paige from Chipping Norton came to Bishampton Village Hall with her demonstration entitled Flights of Fancy. Her first Flight of Fancy was to be a butterfly. She produced a lovely arrangement using pink Roses, pink Stocks, Craspedia and foliage to form the body and antennae and pink Midollino sticks manipulated to form the wings. Although she trained to be a florist, Jackie had never owned a shop. Her fantasy was to have a traditional basket in the window. She used a vintage basket with a vase inside it so that floral foam didn't need to be used and filled it with Pampas Grass, blue Delphiniums, cream Stocks, a yellow Chrysanthemum and a Viburnum Snowball. In her younger days Jackie dreamt of being a model. She was once for a friend who was entering a hairdressing competition in the 1980's. She depicted the experience of crimping and colouring with manipulated leaves, big purple

Aliums, Cala Lillies, pink Hydrangea and white Gerbera. Jackie produced a metal ring covered in red and black wool and raffia to depict a South African sunset. Test tubes were attached into which she placed yellow Cala Lillies, orange Tulips and red roses. Her description and the flowers transported us to South Africa. The final arrangement was a flight of fancy to Monet's garden which she had visited with her mother. As a background she had a small wooden bridge and used foliage to depict the waterlily leaves. She added pink and cream Stocks, Lisianthus and Peony Sarah Bernhardt. Most of the arrangements did not use floral foam as in the flower arranging world we are looking to be more sustainable and environmentally friendly. This was Jackie's first visit to Pershore Flower Club which we all thoroughly enjoyed. Our next meeting is on Wednesday 21st June at Bishampton Village Hall, WR10 2LY with Andrew Lloyd with his demonstration Around



the World the Floral Way. We will be having tea and coffee with cakes before-hand so come early for the 7:30 start. All

visitors are warmly welcomed. For more information visit our website or email pershoreflowerclub@gmail.com





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According to the Alzheimer's Society more than one million people in the UK will have dementia by 2025 the statistics for women is significantly higher amongst women than men

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Should that happen, then the family have to deal with the Court of Protection and they are a nightmare. They do not understand the word Urgency let alone spell it. The writer has terrible first hand experience with a family member.

The Pershore Times have made a special arrangement with Resolve Law Group on behalf of their readers using the Newspaper Code PT80. The arrangement is that the fee for each LPA is £175.00 plus the fee to the Office of the Public Guardian of £82.00. Any person should have this in place whether you are 30 or 70 years old.

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Proud the standard flies above him
Marching soldiers, cheering crowds;
Though the rain falls swift as torrents,
There is light above the clouds.

Modern might and ancient symbols,
Sodden streets in London Town;
Crumpled in the rain filled gutter,
Faded flag and cardboard crown.

Though the pageantry is over,
And the hard work still to face:
He will shoulder duty's burdens,
Serve our land with Love and Grace.

Kate Chester-Lamb

The 6 May 2023 was the Coronation of
King Charles The Third,
If you had not already heard?
All were invited the Great Dane and the little
Bird,
They all waited quietly, nobody saying a word



As the big day approached, up went the flags,
Some came in Mini's, others in Jag's,
Merchandise of the occasion printed on bags,
No doubt for the future, some material was provided for
comedy gags

Families and Friends gathered on the day,
All celebrating in their own way,
On this special day in early May,
After the service, there were shouts of hooray

Street parties galore, with lots of food,
Adults and children, all getting in the mood,
To not partake, would seem quite rude,
So along came the tribes, with all of their brood

Next, we had The Big Help Out,
To help those less fortunate, without a doubt,
So they too, could have a share in what it was all about,
Whether there were floods or if there was a drought

Benn Reynolds

A Coronation for our times

On the sixth day of May -- no doubt you'll have heard --
Westminster Abbey sees King Charles the Third,
With sweet Queen Camilla, crowned Head of this land
And, by his good grace, and his steady hand,
We'll see changes for good: the changes he made
When, as a Prince, he took up the spade - Hedging and planting - a
true countryman. Digging, creating - working to plan.

And he'd still be there, but historic fate
Has called him to Kingship - as Head of State.

But a force of good, despite all the cares
Of office and the great burden he bears.
His hand's on the tiller. He's his mother's son.
Like her, he cares deeply how things should be done.



Viva Charles and Camilla. Let's all rise and sing:
"Good health to our monarchs -
AND GOD SAVE THE KING"

Mrs Kris Quatermass

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CORONATION 2023

Thoughts from the Snug...

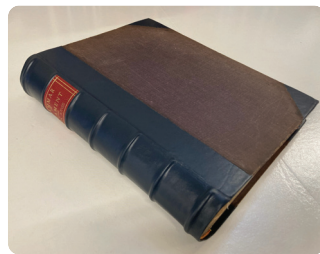
Keep the change. Will plastic really become King?

Here in The Snug we buy rounds and often pay with our plastic cards. It's as if we have done it forever. Paying cash for anything seems to be very un-cool. However, two of our group recently returned from a three day coach excursion, where on the final day, they were involved in a couple of 'whip-rounds' of donations for their trip organiser, the guide, coach driver and hotel staff. Members of the coach party willingly dug deep into their pockets to express their appreciation for the trip. After all, they had indeed, received excellent service. As they journeyed home they reflected on the trip and realised diving into their pockets to rummage for cash had been a rare occurrence. Everything had been paid, up front, on plastic. How, in a wholly cashless society, could one fulfil the desire to tip and reward in situations like this? Would acts of appreciation shown by tipping become extinct as we drift towards a

totally cash free economy? In The Snug the feeling was unanimous; cash and tipping should not fade away. One member of our group recalled the warmth and pleasure felt when an aunt or uncle slipped them a half-crown or 'ten bob note' at Christmas and birthdays. Accepting such gifts was never seen as a bribe, rather more as an act of kindness and appreciation. Wouldn't a cashless society rob us of this charming tradition? We feared it would. Here in The Snug several are making the effort to pay cash rather than plastic. We say to the bar staff, "Keep the change." They often reply, "Thanks, but I'll put it in the Air Ambulance Box. By giving and receiving a small donation of cash we show our gratitude in a modest way. The bar staff feel appreciated and often the local charity also gets a minor financial boost. Win, win, win! Long live cash! Without it we will be much poorer.

Buddy Bach

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How can I be happy?



Have you ever typed "How Can I Be Happy" into Google? If so, then welcome to the club. Since 2004 the number of people typing this (or something similar) into Google has more than doubled, peaking (perhaps not surprisingly) in the lockdowns of 2020.

So what's the answer? Well – again, not surprisingly – there is no simple answer. The websites that get listed in response all put forward a range of ideas. Finance, health and having social contacts are clearly important to our sense of security. Doing something that interests you – such as a job or a hobby – often comes up in search answers. Some websites will tell you to go for a walk and immerse yourself in nature; others encourage you to look beyond the everyday world and find happiness in a spiritual or philosophical approach to life. And there are plenty of websites that will try to sell you something – on the grounds that happiness can be bought. To be fair, most of us have probably used the phrase "retail therapy" at one time or another – usually to help us feel less guilty about treating ourselves.

But one answer to the "How can I Be Happy" puzzle comes up again and again. And in many ways it is a surprising suggestion. One of the keys to finding happiness for yourself is... to try to make others happy. This sounds counter-intuitive. But so much research in recent decades into the

psychology of happiness comes back to this point: helping others helps us forget our own problems and leads to a sense of satisfaction and pleasure that can be defined as happiness. Google the recent World Happiness Report and you will find a significant emphasis on the benefits of showing generosity and supporting others.

Volunteering can be an excellent way of putting this into practice. Does your local school need volunteer mentors? Is there a Care Home nearby which needs people to chat with residents? Could you give a morning to a local Conservation Group, picking up litter or clearing undergrowth? A few minutes doing a web-search or popping into the library or a local information centre could reveal a wealth of possibilities, some of which may be right for you. So how can helping others help us be happier ourselves? Research suggests that people who do voluntary work in their locality develop a stronger sense of community. They have opportunities to build relationships and to meet others with shared interests. This in turn has a positive impact on mental and physical wellbeing. Volunteering can reduce stress levels, boost self-confidence and provide a sense of purpose. So all those people typing "How Can I Be Happy" into Google should maybe try a different tack... and try typing "How Can I Make Others Happy". Who knows... the answer might be the answer to both of these questions.

Paul Morris (Volunteer)
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Women's Hour! Body Language *Susan Catford*



It has happened! A relationship I have managed to keep at arm's length (a healthy distance!) has evolved into something rather more serious over recent months. I am, of course, referring to my new, close relationship with the NHS. Previously I have had the occasional need to call upon its services but in February all that changed. I suddenly found myself and my body requiring emergency treatment. I was impressed with the speed and efficiency that kicked in. From being an observer and patient visitor, I found myself on the receiving end, occupying a bed instead of sitting by one. Within a few hours, I had tubes attached to parts of me I scarcely knew I had and my previously fit body was suddenly severely incapacitated. Feeling like a beetle that has landed on its back and cannot regain its feet, I became dependant on the cheerful, caring staff who tended to my needs. Hospital life was a revelation! Days and nights were punctuated by blood pressure checks, drug rounds and needles being stuck in me at regular intervals. I envied my fellow patients who seemed able to fall asleep in spite of this. These fellow patients proved to be both interesting and, at times, very entertaining company. Being woken to place your order for breakfast with the dawn chorus was not so good and was the beginning of a long day. Alas breakfast was not for me yet but after several days of 'nil by mouth', the jelly and ice-cream that I was then allowed was a strange but welcome treat! The next part of the day proved to be quite entertaining. The team of 'washerwomen', as I christened them, swept into the ward with sudden energy and a banter which demonstrated their comedic skills. Beds were changed like a magic trick while patients were lying in them. Bowls of soapy water appeared and I had my first experience of a bed bath. This removed any inhibitions I may have had and left me exhausted but clean. It was a while until I regained my independence but their kindness, humour and respect made it all much easier. Visiting time proved to be fascinating, inadvertently

eavesdropping on conversations between families and patients. My own visitors were limited to family only and arrived with such concerned faces that I felt obliged to try and cheer them up! It could be a noisy time in the ward and often a great relief when the bell went to send visitors homewards. Peace then descended until the rattle of the drugs trolley heralded the arrival of more tablets and more needles!! Shifts changed and although weary, the staff continued with friendly smiles and incredible patience. Many staff had families to go home to with the prospect of little sleep after a night shift. It was easy to see how important the dedication of our nurses, doctors and supporting staff is to enable us to have our NHS. There will always be criticism for the shortcomings in the system but when it comes to the crunch, it continues to save lives and provide an incredible range of healthcare. Fortunately my sojourn in hospital was not too long and I was allowed to return to the care and support of my family who were equally brilliant. Battered but not beaten, I have made a good recovery but I will have to continue this new relationship with the NHS for some time to come. I know that I will be receiving the best care both through the hospital and within the community. Meanwhile I am writing lists of things to do when I am fully recovered and having had a reprieve from household chores, the ironing doesn't seem so bad. Normal service will be resumed as soon as possible. Thank you to all those lovely people who have cared for me- I am giving you my own personal standing ovation!!

Weaving

At full steam we head for the field.	But, in reality, energised,
Straining at the leash,	Joyful in her freedom.
She is full of excitement.	Her frenzied activity
And then,	Stirs the golden cloth,
Released,	Sends ripples amongst the threads.
Like a shuttle fired into the loom,	And now, a bird is disturbed,
She disappears into this cloth of gold.	Hurtles into the air
Tail whirling,	Abandoning its leafy shelter.
She weaves in and out, in and out,	The joyous bark of a pursuit
Delighting in this medium.	Soon abandoned.
She is the weft,	This shuttling could go on forever
We are the warp,	But time to go.
Following the straight path	Tail still whirling,
Along the tractor tracks.	Straining at the leash,
A flash as she appears ahead,	Still full of excitement.
A glimpse.	Our weaver will return another day
In and out, back and forth.	To this field of gold.

Susan Catford

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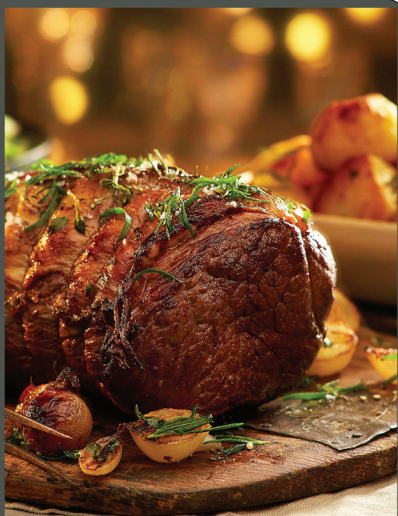
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Coronations and Croome Court Tim Hickson



Coronets

As a boy I watched the Coronation of Queen Elizabeth II, on a small black and white TV, so I was interested to see how that of King Charles III would differ. Of course it had been modernised - as happens at all coronations - but the essentials were as they have been for over a thousand years. Among the major changes was the nature of those who had been invited to be in Westminster Abbey. There were many more people who were chosen because of what they had given to our Nation recently rather than merely being the heads of ancient landowning families. Once, all the peers of the realm (who had reached their majority, 21 years) were summoned to bear witness to the act of coronation and to pay homage to the newly anointed King or Queen. The Earls of Coventry therefore attended coronations. Earls and their countesses had special robes and coronets to wear. The Croome Heritage Trust still has these family robes and coronets. Currently visitors to Croome Court can see an exhibition

linking the Earls and Countesses of Coventry to earlier coronations. The decorations of the coronets varied according to the rank of the peer. Earls had eight strawberry leaves and countesses had eight silver balls (that is, pearls). The male robes were a (heavy) crimson velvet cloak with rows of white ermine showing the peer's rank. Earls had three rows. The female robes were a deep red shoulder-to-floor kirtle together with a train edged with ermine. The length of the train indicated the status of the wearer; countesses had one and a half yards. Since the 1902 coronation of King Edward VII, extra chairs were needed for the Abbey to accommodate the guests. Later, these could be purchased by their users as souvenirs of the occasion. Croome has three; one from each of the coronations of Edward VII, George V and George VI. In 1953, at our late Queen's Coronation, the 11th Earl of Coventry was too young to have been invited. So there is no chair for that event although they were the same design as

those for her father but with a different colour and cypher. At the recent coronation, much was made by the BBC commentary of the comfort of the coach on which the King and Queen travelled from Buckingham Palace to the Abbey compared with that of the Golden State Coach in which they travelled back. The latter was commissioned for the coronation of King George III (the king who visited Croome Court) but it was not ready in time. However, it has such a splendid appearance that it has been much used since then. It weighs four tons and requires eight horses to reach walking pace. Also, because of its suspension on leather straps, the ride was described by Queen Victoria as having "distressing oscillations" and by Queen Elizabeth as "horrible". One of those involved in its construction was Joseph Wilton who carved the sculptures that the coach carried. It was he who carved the splendid fireplace in Croome Court's Long Gallery to a design by Robert Adam. In the Crown Jewels, one of the notable pieces is the Koh-I-Noor diamond. The name, in Persian, means 'Mountain of Light' and the diamond is one

of the largest in the world. In the early 1800s it was part of the jewel collection of the Maharajah of Lahore but in 1849 the ten-year-old Maharajah, Duleep Singh was deposed by the East India Company and Queen Victoria became the new owner of the diamond. The young Maharajah was sent to England where he became an accepted member of High Society. When he married, he produced six children. His eldest son and heir, Prince Victor Albert Jay Duleep Singh went on to marry Lady Anne Blanche Alice Coventry the third daughter of the 9th Earl. For some reason Queen Victoria's permission was needed for this marriage to take place. It seems the Queen agreed but only if they undertook to have no children. Very odd. Although the Koh-i-Noor has been in Persian, Pakistan and Afghanistan hands, some in India are today demanding its return. So, to avoid controversy, the crown in which that diamond is set was not used in this coronation. *(I am indebted for much of this information to Croome's Nicola Hewitt whose research of this subject was very thorough.)*



Nesta



1937 chair

Country Watch

'June damp and warm Does the farmer no harm.' May has left us on a high of warm, sunny weather and we wait to see what June will bring. There are beautiful fields of buttercups still but the dandelions have lost their 'clocks'. No doubt the seeds are spread far and wide and will produce a new crop next year. A flower which is similar to the dandelion is the hawkweed. It has slightly smaller flower heads and is everywhere at the moment. The cowslips have also disappeared and what looks like a smaller version is, in fact, the yellow archangel- a lovely name! This has nettle-like leaves and less flower heads than the cowslip. There is plenty of cow parsley both on the roadsides and in the fields. Its multi-flowered, flat umbrella-like heads are very delicate and lacy on close inspection. At our feet are the small blue speedwell flowers while purple common vetch clammers up, hedges and tall

grasses. Red campion with its pretty pink/red flowers can also be found in the woodlands and on roadsides. Having heard my first cuckoo last month, it seems it might be my last! Usually once they appear, they can be heard throughout the Summer but this year, they seem to have disappeared. I wonder if this is the case elsewhere? There are plenty of other birds about though including the buzzards which circle overhead in the woodlands and the kites which glide gracefully against the blue skies. The blackbird is our most vocal bird with its beautiful song and wonderful range of notes. It can be heard serenading in the mornings and evenings. By comparison, the noisy jackdaws and magpies create a real cacophony! So far there has been little sign of butterflies apart from the cabbage white but we look forward to their colourful friends returning in the summer months. The bees are around



but there seem to be fewer than usual. No doubt we will also see the return of some of our less popular biting insects!

A word of warning both for humans and dogs is to watch out for ticks which love long grass. They are nasty creatures!



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How to create a sensory garden for wellbeing

Sensory gardens are becoming more popular as people look for ways to enhance their wellbeing and enjoy nature. Whether you have a large space or a small balcony, you can create a sensory garden that suits your needs and preferences. Here are some tips and ideas on how to plan and design your own sensory garden from scratch.

Engage all the Senses

A sensory garden should engage all the senses – touch, sight, scent, taste, and sound. You can also focus on one or more senses, for example, if you want a calming space, you might choose soothing colours, scents and sounds; if you want a stimulating space, you might choose bright colours, textures and noises.

Some examples of sensory elements are:

Touch: soft grasses, fuzzy leaves, smooth stones



Sight: colourful flowers, contrasting shapes, patterns, lights
Scent: fragrant herbs and flowers
Taste: edible plants, herbs, fruits
Sound: water features, wind chimes.

Once you have designed the layout of your garden and completed the hard landscaping such as paving and structures you can move onto the next step of planting. Here's a plant suggestion for each of the senses.

Touch - Stachys Byzantine - This is my number one plant for softness – I love it! It has thick felt-like silvery leaves. The photo shows the flower-heads, which have tiny pink flowers, but they're grown for their mound-forming woolly leaves as they're evergreen. Prefers full sun, likes any soil except clay.

Sight - Roses - with so many colours and varieties to choose from, you will find one suitable for your garden – there are thornless options too such as Rosa Zepherine Drouhin which is a pink flowering climber and is available from David Austin Roses. It has a fabulous scent too, so it's a brilliant choice for a sensory garden. Choose a

repeat flowering version so you have blooms all summer long and then leave the hips in the autumn for the birds to enjoy.

Taste - Chives - This herb is a perennial which means it dies back each year in autumn, then fresh new growth appears again in spring. It's part of the Allium family and has lovely pinky/mauve bobble flowers in the summer. The leaves are primarily grown for savoury dishes, but the flowers are also edible and can be sprinkled on salads. They prefer a sunny spot too and grow to around 30cm tall.

Scent - Hamamelis × Intermedia 'Pallida' - commonly known as Witch Hazel – this deciduous shrub has the most amazing scent in winter. Then in the autumn, the bright green leaves turn beautiful shades of yellow,



Nikki Hollier
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orange and red. It grows to around 3m tall x 3m wide and prefers full sun.

Sound - Creating sound in the garden doesn't just involve plants and trees, you can use water – ideal to drown out background noise too. The sound of water can be soothing and calm a frazzled mind, so I like to include a water feature in a garden planting scheme.

June gardening tips Reg Moule BBC Hereford & Worcester

Early June

Mulches help to conserve water but the soil must be moist before they are applied. Sow quick growing hardy annuals e.g. clarkia, Virginia stocks for late colour in dull spots.

When watering concentrate on climbers on walls, container and basket plants, newly planted items, dahlias, sweet peas, leafy veg. crops, celery and fruit bushes.

Dig up bare centred alpine plants and divide them, re-planting the young pieces from around the edge.

If you use nematodes to control vine weevil grubs, buy them on line or mail order.

June is one of the worst months for pest and disease attacks, so check plants regularly. If using a trigger spray product remember to shake it first and there are lots of safer "organic" treatments available now.

Mid June

Make sure plants in tubs and baskets are fed regularly, as well as watered.

Many climbing plants can be increased by layering at this time of year.

Mow the lawn to leave the grass 2.5cm (1in) tall. Makes grass more drought resistant. Treat established lawns with a lawn weed killer but not if there is a drought.

Dead head rhododendrons after flowering to encourage new growth.

If you need more fish in your pond this is an ideal time to introduce them but goldfish can be detrimental in a wildlife pond.

When picking strawberries always remove any rotting fruit, otherwise problems increase.

Watch out for cabbage white butterflies around your brassica plants. If you do not like to use chemical sprays, try Grazers G3 organic caterpillar repellent. They also make good repellents for slugs and lily beetles too.

Sow radicchio now for winter salads. Choose a good coloured variety like pallo rossa. Sow salad crops regularly, in

small amounts, sowing the second row as the first emerges.

Tomatoes can be planted outdoors. Select a sheltered site and support the plants.

Take cuttings from dianthus (pinks). They root easily now in a shady spot.

Lettuce will not germinate in hot weather. Sowing in moist drills in late evening helps. Shade the greenhouse, ventilate it well and spray water over the floor to raise humidity.

Take softwood cuttings from shrubs. Remove 7.5 cm (3in) of shoot tips. Root in pots of gritty compost, placed in polythene bags, in a shady spot.

Late June

Lift and divide flag iris after flowering. Re-plant young growths, keeping rhizomes above soil level.

Prune back side shoots on cyttissus (broom) after flowering to keep plants neat. Deadhead roses regularly to prolong flowering. Remove any "suckers" as soon as they appear.



Watch out for algae and blanketweed in pools. The introduction of a product based on barley straw can provide an organic control measure. Feed tomato plants regularly from when first fruits begin to form, using tomato food. Take out one third of the older branches on deciduous shrubs, like. Philadelphus, Weigela and Deutzia after flowering. Put cymbidium orchids outside in a sheltered, shady spot until late autumn. Keep them well watered and fed over this period. If pollen beetles infest your cut sweet peas, put them in water in a shed for a while. The beetles will fly into the window attracted by the light.

Cooking for fun! *Ailsa Craddock*

Strawberry Fields, forever When did strawberries become synonymous with June? Was it Wimbledon with its strawberry and cream dishes – or did Wimbledon decide to start itself in June to enjoy the strawberries!?! Whichever way, June heralds British strawberries – full of taste and British sunshine - unlike their foreign counterparts – big but with little flavour. I am so lucky living where I do, surrounded with farms and their shops, markets and local greengrocers. Eat locally and you will eat well and that carbon footprint of yours has merely made a few steps. Packed with vitamins, fibre, and particularly high levels of antioxidants known as polyphenols, strawberries are a sodium-free, fat-free, cholesterol-free, low-calorie food. They are among the top 20 fruits in antioxidant capacity and are a good source of manganese and potassium. What's not to love?! And we all do – from simple strawberries and cream, ice cream, jam and strawberry teas. I thought this month you might like to try something slightly different with them.

Strawberry Gazpacho

330g vine-ripened tomatoes
chopped
700g ripe strawberries, hulled
and chopped
1 roasted red pepper
1 small shallot, finely chopped
1 garlic clove, crushed
1 tablespoon sherry vinegar
75ml extra-virgin olive oil, plus
extra for frying and drizzling
Basil leaves to garnish

Put the tomatoes, strawberries, red pepper, shallot, garlic and vinegar in a large bowl and leave overnight. The next day, add the olive oil and whizz together until smooth adding a splash of water if too thick. Season to taste. Fry some little pieces of bread in olive oil, drain and sprinkle with sea salt and serve with the soup, torn basil leaves and a drizzle of olive oil.

Warm Strawberries with Ricotta

Serves 2
200g strawberries, hulled and
quartered
Juice of half a lemon
½ rounded dessertspoon icing sugar
125g ricotta
1 dessertspoon runny honey
Leaves from a sprig of fresh thyme
1/2 teaspoon rosewater (optional)
Put the strawberries in a pan over a low heat with the lemon juice and icing sugar. As they warm up the juice will be released so that they are gently poaching in it. Once the juice is flowing, bring to a gentle simmer for 1 -2 minutes, stirring, then remove from the heat. In a bowl, mix the ricotta with the honey, thyme and rosewater. Divide between 4 bowls and spoon over the warm strawberries.



Strawberry & Elderflower Sorbet

You won't find a more summery dish than this. The perfect refreshing treat to cool down on a hot day.

550g strawberries, hulled and halved
200 ml elderflower cordial
Juice of ½ lemon
Put the strawberries, cordial, 200ml cold water and the lemon juice into a blender and whizz for 2 – 3 minutes till smooth. Pour the mixture through a fine sieve into a bowl, using the back of a spoon to push through any thicker puree. Press down to extract as much as possible then discard pips and any fibres left in the sieve. Cover and chill for 2 hours. Pour into a container and freeze, taking it out every hour or so to mash with a fork to limit ice crystals for 2 – 3 times. Remove from the freezer at least 5 minutes before serving

Scottish Berry Brulee

Serves 2 -3 (Or One?)

250g strawberries
120g raspberries
60g blueberries
1 tablespoon caster sugar
½ orange juice and zest
120g Greek yogurt
85g creme fraiche
1 1/2 tablespoons soft brown sugar, Ground cinnamon to dust (optional)

Place all berries in an ovenproof dish, sprinkle over 1/2 tbsp caster sugar and the zest and juice of the orange. Mix together the yoghurt, creme fraiche and remaining caster sugar and spread over the fruit and leave in fridge for 2 hours. Sprinkle the soft brown sugar over the top and dust with the cinnamon, place under a hot grill until the sugar melts. Serve immediately.

Jazz News

This month Pershore Jazz Club will present “Swing from Paris”, a group whose very name conjures up pictures (or even memories) of cafes along the left bank of the Seine or cellar jazz clubs in the Latin Quarter. The Hot Club de France was founded in the 1930s by a group of students to promote traditional jazz and swing in the clubs, bars and dance halls of Paris and it was this group who discovered gypsy guitarist Django Reinhardt and violinist Stephan Grappelli jamming between sets at the Hotel Claridge. They suggested the formation of a permanent, five-piece band of violin, lead guitar, two rhythm guitars and bass and “Le Quintette du Hot Club de France” was born. On the other side of the Atlantic, members of South American tango bands were following a similar trend, most notably led

Peter Farrall

by guitarist Oscar Aleman who, during a period in Europe, became firm friends with Reinhardt. All this happened in the emerging swing era and the gypsy groups took some of their content from the dance music of the big swing bands but there were also many of their own compositions. Whatever they played, these all-string groups without drums maintained a driving, bouncing rhythm and the expression “gypsy swing” offers an apt description of the style. It seems that this style of jazz pleases all fans these days no matter what their usual preferences and they are also popular for parties, weddings or corporate events (our late queen had a gypsy band at one of her palace garden parties). Our group this month, described as “the finest gypsy jazz in the Cotswolds”



will present music from the great swing bands of the 1930s and 40s as well as the more traditional gypsy fare from Reinhardt, Piazzola and all, plus their interpretation of numbers from many other jazz composers. On 24th May Pershore Jazz Committee attended the funeral of long serving committee member

Charlie Caldicot who died on 25th April. There was a real New Orleans style send off by a band of local musicians led by our chairman, Graham Smith, all well known to Charlie. In the service itself, more jazz from Charlie's favourite band, Tuba Skinny playing “I'm Going Back Home” this time on a recording. R.I.P to a good ol' jazzer.

Swing from Paris

Wednesday 28th June 2023

Pershore Football Club, Doors open at 7pm, music at 8

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Gregory's World!

Gregory Sidaway Exeter College, Oxford

King and Quiche

About two weeks before I first arrived on the doorstep of Exeter College, Her Majesty the Queen passed away. My first day here was the day of the funeral. Most of the shops were closed out of respect, except for Wetherspoons. It sort of feels fitting, then, that – as year one of university is tapering to an end – this year should be bookended with some more (cheerier) royal news: the King's Coronation. Buckingham Palace is officially under new management. Apparently, we've entered a new Carolean Age, although – just like when people ask you what it feels like to turn a year older on your birthday – nothing feels drastically different yet. But who knows what the coming years have in store? Over two thousand guests, thousands more spectators, and even the bad weather showed up to mark the occasion. There were street parties (and protests) all over the country, so everyone got involved! Here, at college, we had a Coronation-themed formal dinner. On the menu: coronation quiche with frisée apple salad; maple-glazed lamb with creamed potato, Caerphilly cheese, green beans and peppercorn sauce; the feast was topped off by the 'King of all puddings', accompanied by his friend, the shortbread biscuit. As rough as all of that sounds, it was okay because each seat was also provided with a flag and a plastic crown for entertainment. Due to the impressive circumference of my head, the paper hats in my Christmas crackers don't

always fit – but I was pleased to find that the head did not lie uneasy wearing this crown! Before each course, it's customary for the Choir (seated together in the middle of the hall) to jump up and sing. The evening commenced with some breathtaking 'Alleluiaaaaaaa's'. All the singing and crowns made the whole place feel like something out of a Disney film. Up rose Rector Rick to recite some Latin, and then we could all get started. An interesting choice, quiche, for the food to define the current moment. It's not a kind of hog-thelime-light, steal-the-show act – but maybe it will take on a new life on dinner plates as part of an ensemble act with veg, potatoes and co. After all, coronation chicken's best decision was a partnership with two slices of bread. It was fun to be a part of the event, with my crown and flag and exhausted social skills. My college really seems to pride itself on tradition – portraits of our new King's warm-up acts, Charles One and Two, hang illuminated on the dining hall walls – so this was certainly the right place to witness a celebration like this. I'm no oracle – the future is as foggy to me as it is to you, fellow reader – so it wouldn't accomplish anything to predict how long the monarchy will last for. There is a chance I could see four monarchs in my lifetime, perhaps there will be a King William V and George VII. However, most of the people I spoke to, who were my age, were either against the idea of a monarchy or

indifferent about it. I wasn't able to concentrate in my room (instead, I sought refuge in the Radcliffe Camera to study) because of a protest going on in Broad Street. An event like the Coronation still seems to attract a lot of positive attention from pro-monarchists and quiche-fans alike; despite this, it will certainly be interesting to see how the new King fares in an age when many people – at home and overseas – are reconsidering how much of the



spotlight (if any) a monarchy will get in their country's future. Fascinating times!

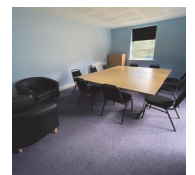
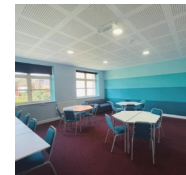
"Enthusiasm is the yeast that makes your hopes shine to the stars. Enthusiasm is the sparkle in your eyes, the swing in your gait. The grip of your hand, the irresistible surge of will and energy to execute your ideas."

Henry Ford

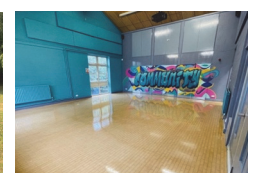


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Tax on selling your home

Carol Draper



When you sell your home you are entitled to Principle Private Residence (PPR) relief and will not pay any Capital Gains Tax (CGT) if you have just one home and have lived in the property for the whole time you have owned it, no part of the property has been let out, no part of the property has been used exclusively for business and the grounds including the buildings occupy less than 0.5 hectare (1.2 acres).

If there have been periods of time when you have not lived in or used your property as your main residence you could be liable to pay Capital Gains Tax on some of the profits when the property is sold.

Letting all or part of your property to a tenant could restrict your entitlement to PPR relief though this does not include having a lodger who shares your living space or having children or parents who live with you and pay rent or housekeeping. Whatever the situation you will always get full PPR relief for the period of time you lived in the property as your main home and for the last 9 months of ownership.

If you use part of your home as an office this will not affect your entitlement to PPR relief. However, this may not be the case if part of your home is

split and designated to be used exclusively for business purposes. If your property occupies a plot of more than 1.2 acres you could face the possibility of paying CGT when you sell your home. However, what element of land will be subject to CGT will depend on its layout and its relation to your property. If you sell just a portion of land it is likely to be subject to CGT, the argument being it was land that was in addition to requirement for the enjoyment of your home. If you think you may be affected by any of these issues or have any other queries relating to the sale of property, contact your accountant to discuss the specific details of your case.

Carol Draper FCCA
Clifton-Crick Sharp & Co Ltd

"The bad news is time flies.
The good news is
you're the pilot."

Michael Altschuler

Clifton-Crick Sharp & Co.

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Giving up

Angela Johns



Somebody sent me a great meme: "Beyond excited to announce that I'm giving up! I'm so grateful for this opportunity and can't wait to see where this decision takes me." Indeed, giving up can feel so good!

I want to give up people pleasing and do what makes me healthy instead. I want to give up taking responsibility for someone else's bad choices and let them step up to the mark. I'm giving up trying to be perfect because I will never reach that goal. I'm giving up expecting someone else to be perfect because they will never reach that goal either. I want to give up the limits that someone else imposed on me because I want to be free to do that myself. I'm striving to give up apologising when I say no because "I don't want to" should be enough. I gave up trying to fit in and it's such a relief to just do my thing instead. I'm giving up judging myself by someone else's standards because I know mine fit me much better. I've given up wishing for a different past because the futility of that is too draining. I give up expecting someone else to

know what I want without me explaining, because I've realised how awful it would be if someone else could read my mind!

Giving up feels so good that I'm going to do it more often. Life's too short not to. I wish I'd started long ago. Oh wait, I've given up wishing for a different past. I feel free already!

Currently training as an Emotional Therapeutic Counsellor with the AETC, Angela is a qualified Reflexologist, Aromareflex Practitioner and Reiki Teacher/Practitioner. She is passionate about her therapies and spends quality time with her clients to facilitate their wellbeing.
You can find her at angelajohns.co.uk

"Success is not final,
failure is not fatal:
it is the courage to
continue that counts."

Winston Churchill



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Are you well heeled?

Karen Harris

Standing bare-foot, the falling line of body weight normally forms a perpendicular 90-degree angle with the 180-degree angle of the foot's plantar surface. Body weight is distributed 50-50 between heel and fore-foot, elevate the heel and that automatically initiates an altered series of foot and body biomechanics. The higher the heel the greater the body column change. If the body was a single, unjointed column, then even a one inch heel under the foot could cause the rigid column to tilt forward or even fall. Like the Leaning Tower of Pisa, only a few inches tilt at the bottom results in a lean of several feet at the top. But the human skeleton is a series of adaptable joints and connecting sections: ankle, knee, hip, pelvis, spine, shoulders, neck and head. Unlike the rigid column of Pisa, our skeletal sections make "adjustments" to maintain an erect stance. With each sectional adjustment there is a shift in the body's centre of gravity - usually around hip height. With the shift of gravity there are corresponding shifts in body weight, resulting in shifts in weight distribution throughout the foot. Natural gait is impossible when most footwear is worn. There are three main reasons for this; 1) The shoe's elevated heel
2) The faulty design of 'the last' (the form on which a shoe is constructed);
3) Construction and design faults found in the shoe itself. Separately, or together, they influence how the foot functions

inside the shoe and how you walk. Under these conditions the foot cannot function in a natural manner, the gait - so totally dependent on the foot - also cannot be its natural self. The muscles and ligaments associated with the body's upright column and foot system must also make compensatory changes. Considering that the "simple" act of walking involves half the body's 650 muscles and 208 bones, the number of automatic "adjustments" is enormous. Inevitably, there is a price to pay, most commonly, foot, leg and back issues. A shoe, ideally, should be an anatomical and functional replica of the foot. The less a shoe does TO a foot, the better FOR the foot. I transitioned to 'barefoot' shoes many years ago; initially I found that my heel was striking the ground with such force it was painful (a lifetime of padded shoes and the leg having to work hard to feel the surface underneath it) so they have completely changed the way I walk. I feel lighter on my feet, and I know my foot structure is working to support itself, and the rest of my body, rather than being cosseted by a restrictive shoe. It's worth looking at your most worn footwear and evaluating what changes are being made to your body when you wear them compared to being bare-foot. Does the tension in your muscles change? How does the change in weight distribution feel? Are you having to compensate through the lower back or shoulders? Then you can decide if being 'well

YES or NO?

Do you want to take control of your aches and pains?
Do you want to stop having to take pain killers?
Do you want the knowledge to be able to help yourself?
Do you want to feel how empowering that feels?
Do you want to feel that weight lifted from your shoulders?

YES, of course!

Even just the FEELING of the weight being lifted off your shoulders from knowing there IS an alternative to pain, pills & injections is a step in the right direction!

Karen Harris, Posture Alignment Specialist, Fitness Trainer
07954 544595

Expression

Emily Papirnik

How do you show up in the world?

Are you doing what you want to be doing?

Are you allowing yourself to blossom, to grow, to show up and really be the real you?

Are you feeling constricted or stifled in what you say or so?

You are here on this planet to be the best version of yourself you can. So often we blame others or our environment for how we show up. I understand that as I did it all my life, but gradually I am understanding how important I am in how I express myself, how I show up and what I am able to do if I allow myself, if I give myself the opportunity. Fear is behind most of our inaction, our standing still or just not trying. Start to think about what it is you would like to do, allow the dreaming, the inspiration for something new. I have been presenting lately, something I really enjoy, but I enjoy now more because I am presenting a way of being for others, without the fear and anxiety holding me back. Giving the audience time and space to think about



themselves, giving them the idea of what they really are able to do to affect their lives. Giving them an understanding of how they can move forward without the anxiety. Managing your fears and anxieties enables you to have clarity of thought, to enable inspiration and therefore action. Expression – are you showing up as the you that has so much potential, so many dreams to create and make real? Just start taking the first step, acknowledge your fears, your anxieties for what they truly are. Allow your true expression to be seen to show up in your daily living. Be you by putting you first, you are your only responsibility so stop dealing with everything else before you...give yourself some time, some space and find out who you really are. Meet the awesome you that is within you and bring them out to play.

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Two bedrooms
NO CHAIN
Freehold
EPC: D Council Tax: E

Somewhere very different *Brian Johnson-Thomas*

It is, alas, true to observe that inflation is still rampant – and that’s having an effect on the holidays we take as well. So here’s a suggestion for a foreign destination that’s not only very different but also surprisingly cost-effective.

As a general rule, the further east or south you go, the cheaper travel becomes. That’s why holidays in Turkey or Spain are generally cheaper than the same time spent in France. Since the Balkans are both South and East of us, then the chances of a cheap holiday are greatly improved.

Let’s start with a cheap flight to the Hungarian capital, Budapest – available from Birmingham airport for as little as £26 one way, although to be realistic I’d allow double that. Not only is that city a gem of itself, and well worth a couple of days discovery, as well as being much cheaper than most western European capitals, it’s also the gateway to an exciting train journey.

It always seems to me that, whilst the various ‘luxury’ train experiences on offer are all very nice, they don’t offer that rather nice chance to meet new people and sample different lifestyles and cultures. So, around midday every day, the express leaves from Keleti station bound for the Serbian capital Belgrade. It has a lovely dining car where, wonder of wonders, the chef cooks your meal to order with never a microwave dish in sight (and for about the same price you’d pay for a McDonalds in the UK) whilst you watch the scenery of the Danube valley unfold past your window.

The train gets into Belgrade around 9pm – and Belgrade, I have to say, is very much a convivial town with a large pedestrianised core just heaving

with cafes, restaurants and bars. If hectic nights out are your scene, then Belgrade’s the place for you. Otherwise, culture vultures too will find a plethora of museums and quirky places to visit (there’s one big house which contains all the gifts given to the late President Tito, and strange indeed some of them are). The best is yet to come, though, for shortly after 9pm from Topcider station you can catch the night sleeper train down through the mountains to the Adriatic port of Bar in neighbouring Montenegro.

They’re about to modernise the sleeping cars, I’m told, which is a pity because when I last travelled they were using secondhand French railways wagons lit, with up to three bunks per compartment. (For one person it’s spacious, for two it’s adequate, for three sharing then you need to know each other very, very well). The nice feature, apart from being able to open the windows, is that they still have a chamber pot kept under the washbasin, which saves a trudge to the toilet down the corridor. This is, of course, an ‘international’ train, crossing three borders – from Serbia briefly through Bosnia-Herzegovina and then into Montenegro. Because the train doesn’t stop inside Bosnia there’s no passport or other border controls but the train will stop (shortly after dawn at this time of year) high up in the very craggy mountains on the border of Montenegro. You will be visited in your bedroom by officials of both Serbia and Montenegro in turn, checking your passport and asking you if you have any duty-payable goods. This, perhaps surprisingly, is a good thing as you’re now awake for the most spectacular



Compartment for one person it's spacious!

part of the whole journey as the train rattles its way down precipitous mountains, so remote that wolves still live there and –if you’re lucky – you’ll see eagles before arriving at breakfast time in the capital city of Podgorica. But, this time, stay on the train.....Podgorica has had a rather unhappy past. In the Second World War it was heavily bombed, rebuilt and rechristened Titograd, after the new boss. When Yugoslavia so spectacularly fell apart it was again bombed by NATO and is now again known as Podgorica. So there’s lots and lots of rather uninspiring concrete blocks to see. Don’t bother.

Grab a croissant from the station cafe and stay on the train – you’re only an hour from the seaside. The port of Bar is pleasant enough, with a glass of wine on a seaside promenade costing about a pound, but I’d recommend getting off the train at the little seaside village of Suttomore, which always puts me in mind of what the Costa Blanca must

have been like sixty years ago. Now, enjoy the seaside for as many days as your budget allows, when it’s time to come back you can retrace your steps using the day train to Belgrade or take the daily bus from Bar to Dubrovnik (via the fantastic scenery of the Gulf of Kotor – think Norwegian fjords dropped into Mediterranean idyll) or take the ferry over to the Italian port of Bari. Both towns have airports served by lots of low cost airlines. And when you finally return home – what a lot you’ll have to brag about! The train fare from Belgrade to Bar is around 24 pounds, plus another 20 each for a two berth sleeper.

P.S. have just had a reminder that the Royal Three Counties Show takes place at the Malvern showground from Friday the 16th until Sunday 18th June.

Expect lots of excitement as they celebrate all that is best in the British countryside. For details see: www.threecounties.co.uk

P.P.S.

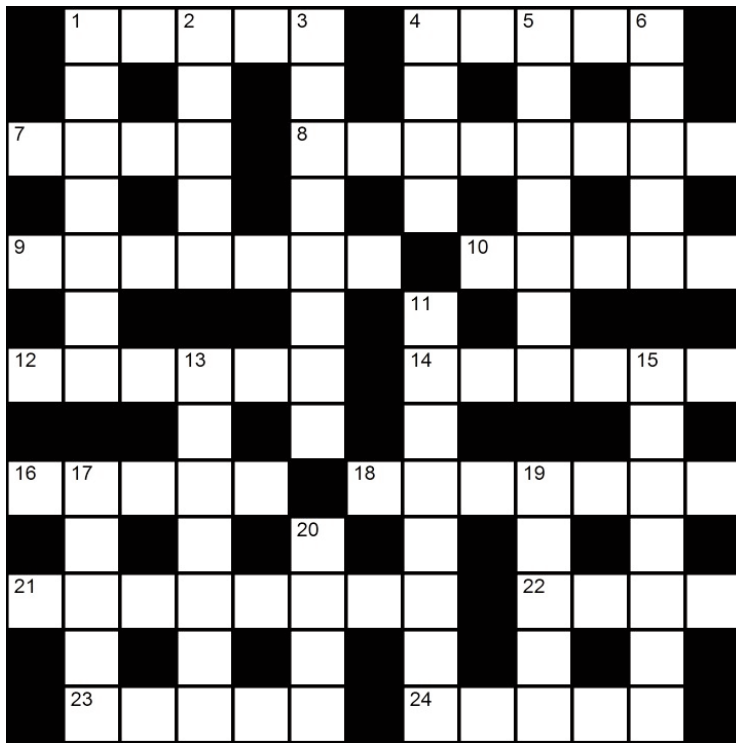
Longborough Festival Opera’s 2023 Season has begun with this superb rendering of Wagner’s *Götterdämmerung*. It has been a very happy blend of various talents, starting with the excellent set designed by Rhiannon Newman Brown which provided the perfect space to showcase the talents of Julian Close, the most malevolent Hagen imaginable and Lee Bisset as Brunnhilde. However it was the happy addition to the mix of such people as Mari Wyn Williams,

as Rheinmiden Woglinde and Katie Lowe, playing the Third Norn, who helped ensure the perfect fusion of performers that transformed the production from excellent to superb. A new departure this year was the added strength given by the creation of Longborough’s Community Chorus, adding a spicy infusion of extra amateur (although remarkably professional) talent. Another triumph for conductor Anthony Negus and director Amy Lane.



Coffee Break

Crossword



Across

- 1 Apparel (5)
- 4 Viscera (5)
- 7 Capital of Azerbaijan (4)
- 8 Engrossed (8)
- 9 Church songbook (7)
- 10 Hidden store (5)
- 12 Fine cigar (6)
- 14 Windcheater (6)
- 16 Shrink (5)
- 18 Version (7)
- 21 Clubman (8)
- 22 Hairy man of Genesis (4)
- 23 Ardent male lover (5)
- 24 Cowboy display (5)

Down

- 1 Jordan's end (4,3)
- 2 Peer (5)
- 3 Astronaut (8)
- 4 Expel (4)
- 5 Motley assortment (7)
- 6 Bloodsucking worm (5)
- 11 Horticulturalist (8)
- 13 Praise vociferously (7)
- 15 Pear-shaped fruit (7)
- 17 Scrub (5)
- 19 Cornered (5)
- 20 2.2 pounds approximately (4)

Sudoku

Each row and column must contain the numbers from one to nine, without repetitions.

		2			8		3	
	6	7	2					
	3			5		2	9	
	1			8	2	3		
9								1
		3	7	9			4	
	4	5		1			7	
					5	4	6	
	7		8			5		

		5		8	6			
2		6		1			4	
					2	5	1	
4		1						
	3			2			5	
						3		1
	7	4	2					
	8			3		9		4
			9	7		2		

Crosswords

Sudoku

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Elements Wordsearch

U	Z	I	N	C	L	X	D	N	B	G
N	N	N	N	O	R	I	L	I	H	Y
E	O	I	O	E	N	W	O	T	Z	N
T	B	C	X	A	N	E	G	L	R	O
S	R	K	Y	R	E	I	X	A	E	T
G	A	E	G	G	O	C	D	B	V	P
N	C	L	E	O	N	O	A	O	L	Y
U	G	S	N	N	N	P	E	C	I	R
T	X	Q	R	U	H	P	L	U	S	K
B	Y	R	U	C	R	E	M	X	M	D
X	M	U	I	S	O	R	P	S	Y	D

- Argon
- Carbon
- Cobalt
- Copper
- Dysprosium
- Gold
- Iodine
- Iron
- Krypton
- Lead
- Mercury
- Neon
- Nickel
- Oxygen
- Radon
- Silver
- Sulphur
- Tin
- Tungsten
- Xenon
- Zinc

May Answers

1	A	B	S	U	R	D		4	R	I	O	J	A		
	D	U	E		7	S			E	U		R			
8	V	A	N	I	L	L	A	9	S	O	N	I	C		
	E	L	Y			G			T	C		H			
10	R	O	A	M		11	I	S	R	A	E	L	I		
T		M		12	H		T		I				T		
13	I	M	P	R	A	C	T		I	C	A	14	B	L	E
S							I		A		T		E		C
15	E	M	16	P	E	R	O	R			17	W	R	I	T
M		E		B			I		18	U		S		U	
19	E	X	T	R	A		20	A	N	T	B	E	A	R	
N		I		L			N		A		R		A		
21	T	O	T	A	L			22	S	H	E	K	E	L	

Poets' Corner

A Shropshire Lad

XI

On your midnight pallet lying
Listen, and undo the door:
Lads that waste the light in sighing
In the dark should sigh no more;
Night should ease a lover's sorrow;
Therefore, since I go to-morrow;
Pity me before.
In the land to which I travel,
The far dwelling, let me say-
Once, if here the couch is gravel,
In a kinder bed I lay,
And the breast the darnel smothers
Rested once upon another's
When it was not clay.

XII

When I watch the living meet,
And the moving pageant file
Warm and breathing through the street
Where I lodge a little while,
If the heats of hate and lust
In the house of flesh are strong,
Let me mind the house of dust
Where my sojourn shall be long.
In the nation that is not
Nothing stands that stood before;
There revenges are forgot,
And the hater hates no more;
Lovers lying two and two
Ask not whom they sleep beside,
And the bridegroom all night through
Never turns him to the bride.

A. E. Housman 1859-1936

Spot & Shop - May Winners

- | | |
|------------------|--------------------|
| 1) Tony Waters | 2) Marilyn Furlong |
| 3) Janet Figg | 4) Jenny Devos |
| 5) Brenda Shale | 6) Saffron Thorley |
| 7) Julie Hemming | |

**Last month's answer:
Mobile Solutions**

Fun Quiz!



- 1 August 1990 saw 100,000 Iraqi troops invade which neighbouring state, sparking off the first Gulf War?
- 2 On 19 August 1968, Soviet tanks rolled into which country?
- 3 In which month of which year did the Japanese bomb Pearl Harbor?
- 4 Which empire, led by which charismatic general, conquered a vast part of Europe (Hungary, most of Ukraine, much of Germany and Poland and parts of the Balkans) in the fifth century, before the empire dissolved just as quickly after the death of the leader?
- 5 In which year did the Battle of Waterloo take place?
- 6 Which volcano erupted in 1906, causing huge damage and over 100 deaths in the city of Naples?
- 7 Whose rebel army threw the Spanish out of Venezuela in 1821?
- 8 Which country became the first to give women the vote in 1893?
- 9 Which city was the first capital of the Russian Empire in the ninth century? a)Yeliky Novgorod b)Omsk c)St Petersburg
- 10 Who led the Galic tribes in their resistance to Julius Caesar's Roman legions?
- 11 Who was Prime Minister when Britain joined the European Union?
- 12 The Soviet Union and seven other countries signed which mutual assistance treaty in 1955?
- 13 Who was the Scottish general, with his Coldstream Guards, who was instrumental in the restoration of Charles II as monarch in 1660?
- 14 What was the first perforated UK postage stamp, issued in 1854?
- 15 What name is given to 8 May to mark the unconditional surrender of the German Army at the end of World War II?
- 16 Which country was invaded during Operation Barbarossa?
- 17 What was the nationality of dancer Mata Hari, shot as spy

Answers: 1 Kuwait 2 Czechoslovakia 3 December 1941 4 The Huns, led by Attila 5 1815 6 Mount Vesuvius 7 Simon Bolivar 8 New Zealand 9 a) Yeliky Novgorod 10 Verdingertorix 11 Ted Heath 12 Warsaw Pact 13 General George Monck 14 Penny Red 15 VE Day 16 USSR 17 Dutch



COMPETITION TIME!

Take a look at the anagram
The answer is the name of a business that is advertising in the Pershore Times this month



This month's prizes!

1st - £25 cash
donated by Pershore Times

2nd - £20 Food Voucher
at Benvenuti Belle House, Pershore

3rd - £20 Food Voucher
at The Queen Elizabeth, Elmley

4th - Revills £10 Voucher

5th Masons Arms £10 Guest Voucher

6th - Reg Moule's Gardening Diary

7th - Pat's Pantry -
Jar of home-made marmalade

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Name: _____

Telephone/email: _____

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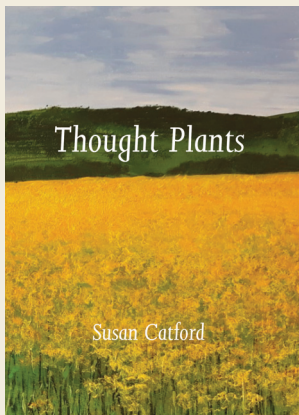
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In memoriam

Byrd. John of Bretforton

Formerly of Throckmorton and Wyre Piddle. Passed away on 15th May 2023, aged 86 years. Much loved Husband of Sheila, Father of David, Karen and Russel, a loving Father in Law to Sandra, Andy and Joanne and a loving Grandfather and Great Grandfather. John will be sadly missed by all his family and friends. Funeral service at The Vale Crematorium, Fladbury on Thursday 8th June at 12 noon. Family flowers only please. Donations, if desired, for St Richard's Hospice and the Midlands Air Ambulance Charity.

Lee. Margaret of Pershore

Passed away peacefully at home on 16th May 2023, aged 91 years. Much loved Wife of Charlie, Loving Mum and Nan. Margaret will be sadly missed by all her family and friends. Funeral service at The Vale Crematorium, Fladbury on Friday 9th June at 11am. Family flowers only please. Donations, if desired, for the British Heart Foundation.

Smith. Diane of Pershore

Passed away peacefully at her home on 20th May 2023, aged 89 years. Much loved Wife of Terry, a loving Mum, Nannie and Great Nannie. Diane will be sadly missed by all her family and friends. Funeral service at The Vale Crematorium, Fladbury on Tuesday 13th June at 3pm. Family flowers only please. Donations, if desired, for St Richard's Hospice and Acorns Children's Hospice

Middleton Michael David "Mick"

Passed away on 24th May 2023, aged 57 years. A much loved dad, son and brother. Mick will be sadly missed by all his family and friends. Funeral service at Pershore Abbey on Tuesday June 20th at 2pm. Flowers or donations for the Midlands Air Ambulance Charity. "The family request that everybody follows Mick's coffin into church"

Wilson. Harold William

Passed away peacefully in Perry Manor Care Home, Worcester on 21st May 2023, aged 102 years. Father of Pam, Ian and Judith and a much loved Grandad, Great-Grandad and Great-Great Grandad. Harold will be sadly missed by all his family and friends. Funeral Service will take place at The Vale Crematorium, Fladbury on Monday 19th June at 2pm. Family flowers only please. Donations, if desired, are invited for the Royal British Legion, Pershore Branch.

Donations may be sent to:
 E Hill & Son Funeral Directors, Pershore WR10 1HZ
 Tel: 01386 552141

Letters to the Editor

Dear Editor,
 Christian Aid Week collection
 Saturday 20th May 2023
 At the conclusion of the fund raising and awareness week this year, the street collection

on the Pershore High Street and Chapmnn Court raised £151.34.
 Many thanks to all who were involved.

Sarah Thomson

Situations Vacant

Pershore Tennis Centre are hiring!

Would you like to be part of this award-winning team?

Pershore Tennis Centre are looking to hire:

A Centre Manager

15-20 hours per week, Monday - Friday 9:00-12:00pm.

Reception staff

Tuesday, Wednesday and Friday afternoons 4:30-7:30pm.

If you're interested then please email: reception@pershoretennis.co.uk for more information.

Do you have the right experience? Or know someone who does? Please share the details so this local team can find their next team member.

www.pershoretennis.co.uk

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The Publishers of the Pershore Times hold no responsibility for the accuracy of any details contained within the advertisements.

Copy Deadline

July Issue - 20th June 2023

Planning Applications

Planning Application Ref W/22/00658/FUL.

Land At, Holloway, Pershore. Erection of 28 dwellings as part of an Entry-Level Exception Site, a new access, drainage, landscaping and other associated works, and the provision of an off-site area to provide replacement ecological habitat and biodiversity net gain. Ms B Crann Bromford Developments Limited

Planning Application Ref W/23/00106/HP.

74A Bridge Street, Pershore, WR10 1AX. Demolition of conservatory and erection of a single storey pitched roof extension with roof lights. Removal of internal walls and installation of internal doorway. Installation of a log burner and flue. Replacement front gate and front door. Mr Samuel Mather

Reg Moule Gardening Handbook No. 2

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Pershore WR10 1DT Tel: 01386 803803



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What's On?

Cinema Listings

The Age of Innocence (12A)

Monday 12 June - 11.00am & 7.30pm

Tickets: £9.00, Daytime £8.00
2hrs 18 mins, 1993

Book Club: The Next Chapter (12A)

Saturday 17 June - 7.30pm;

Monday 19 June - 11.00am & 7.30pm (ST);

Wednesday 21 June - 7.30pm

Tickets: £9.00, Daytime £8.00
1hr 48 mins

The Eight Mountains (12A)

Thursday 22 June - 7.30pm;

Wednesday 28 June - 2.30pm

Tickets: £9.00, Daytime £8.00
2hrs 27 mins, Italian with subtitles

Love Again (12A)

Monday 26 June - 11.00am & 7.30pm;

Tuesday 27 June - 7.30pm

Tickets: £9.00, Daytime £8.00
1hr 44 mins

God's Creatures (15)

Thursday 29 June - 7.30pm

Tickets: £9.00 1hr 41 mins

A Man Called Otto (15)

Saturday 1, Monday 3 &

Tuesday 4 July - 7.30pm

Tickets: £9.00 2hrs

Big George Foreman (12A)

Friday 7 & Saturday 8 July -

7.30pm Tickets: £9.00

2hrs 9 mins

The Three Musketeers:

D'Artagnan (15)

Thursday 13 July - 7.30pm;

Wednesday 19 July - 2.30pm

Tickets: £9.00, Daytime £8.00

2 hrs, French with subtitles

Events Listings

Pershore Operatic &

Dramatic Society:

Guys & Dolls

Monday 5 June -

Saturday 10 June, 7.30pm

Tickets: Mon £12, Tue - Thu

£14, Fri & Sat £16

The Royal Opera: Il

Trovatore

Tuesday 13 June - 7.15pm

Tickets: £17, Seniors £16

3hrs 25 mins (inc interval)

National Theatre Live:

Fleabag

Thursday 15 June - 7.00pm

Tickets: £16, Seniors £15,

Students £10, 16 & under £10

1hr 26 mins, Cert 15

Berliner Philharmoniker

LIVE: Summer Concert

Friday 16 June - 6.30pm

Tickets: £16, 16 & under £10

2hrs 15 mins (inc interval)

Exhibition on Screen:

Vermeer

Tuesday 20 June - 7.00pm

Tickets: £12, Students £10

1hr 30 mins

Matthew Bourne's

Sleeping Beauty (12A)

Friday 30 June - 7.00pm;

Saturday 8 July - 3.00pm

Tickets: £16, Friends £15,

16 & under £10 - 1hr 45 mins

Holy Redeemer Catholic

Primary School:

The Tempest

Wednesday 5 & Thursday 6 July

- 7.00pm

Tickets: £10, 16 & under £5

2hrs (inc interval)

Exhibition on Screen: Tokyo

Stories (15)

Tuesday 18 July - 7.00pm

Tickets: £12, Students £10

1hr 30 mins

Oklahoma!

Starring Hugh Jackman

Wednesday 19 July - 7.00pm;

Saturday 22 July - 3.00pm

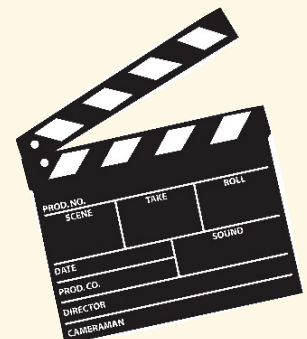
Tickets: £15, Students £10

Brian & Roger Eno

Live at the Acropolis

Friday 28 July - 7.30pm

Tickets: £14 1hr 20 mins



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Box Office: 01386 555488 Email: enquiries@number8.org

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FUN-FILLED FAMILY AFTERNOON!

ENTRANCE: £2 ADULTS, UNDER 16 FREE

SATURDAY 1ST JULY 2023 • 2-5PM

Local stalls, live music, bar & oven-baked Pizza, GRAND raffle, afternoon tea & cake, children's entertainment including traditional games, bouncy castle, steam train and mini tractor rides, arts and crafts and a range of sport taster sessions.



June Monthly Meeting
Tuesday 20th June '23 at 2pm

All monthly meetings held at
Number 8 High Street Pershore WR10 1BG
Everyone welcome, no need to book

“LIFE ON THE ROYAL YACHT BRITANNIA”
Through the eyes of a crew member

David Rushforth, a former serving officer (and adviser to the Netflix series *The Crown* involving the Royal Yacht) will give us a pictorial walk round the yacht with appropriate anecdotes.

For more details contact
Sally Whyte, Speaker Coordinator:
email: u3apershoresally@gmail.com
<https://u3asites.org.uk/pershore>

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Saint-Saëns - Symphony No. 3 (The Organ Symphony)
Pauline Viardot - Overture to Cendrillon
Augusta Holmès - La Nuit et l'Amour
Cécile Chaminade - Pas du Voile from Callirhoë
Louise Farrenc arr. J. Davies - Finale from Nonet



Tickets £15 (under 16s free) available from:
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The Firs Open Garden
Drakes Broughton

Opening for the NGS on
Sunday 25th June and
Sunday 2nd July, 1pm-5pm

Admission £4.50 - children free

With views towards Bredon Hill our 2 acre rural garden is planted with over 200 trees including stunning white-barked Silver Birch set in groves of wild flowers and grasses. A large collection of roses and hydrangeas as well as other beautiful shrubs and flowers. Shade loving plants grow in the stumpy and fruit trees surround the Edwardian greenhouse. Enjoy a homemade cream tea and take time to check out our ceramic pots for sale.

All proceeds go to the National garden Scheme

The Bishampton Summer Fete is back!

Believe it or not, the last great fun family event was held back in 2019 - we all know where we have been since then.

This year's event will be held at the Villages Hall, Broad Lane in Bishampton which is a wonderful venue.

Save the date!
The fete will be held on
Saturday 24th June
from 1pm to 4pm.

We'll have a great entertainment programme such as the renowned Bretforton Silver Band, 'Chance to Dance', the Nancy Butterfly Ladies Morris Dancers, our popular dog show, a fabulous classic motor bikes display, lots of activity stalls, games, BBQ, Bar and magnificent raffle with great prizes.

join us for a great day!

Pershore Plum Festival

This year celebrating
25 years!

August Bank Holiday
26th, 27th & 28th
August 2023

www.pershoreplumfestival.org.uk

Ladies Guild
Sociable, informative afternoons

First Tuesday of each Month
2.00pm - 4.00pm

Meet at Wychavon Civic Centre
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We have:

- Speakers talking about a wide range of topics
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- A themed raffle each month
- Skittles once a month
- Tea and Coffee at £1 each meeting

For more information contact:
Chair: - Tel: 01386 550177
Membership Secretary: -
Tel: 01386 556892

English Country Dancing

Tuesday Afternoons 2 -4pm
at Stoulton Village Hall
Church Lane, Stoulton WR7 4RE

Enjoy gentle exercise while dancing to lovely music. It is a very social activity, so you will soon make plenty of new friends. No partner necessary

Admission £3 per week

For more information contact:
Sue Jeavons 01386 750695



Women's Institute
Make new friends!

Second Thursday of each Month at 7.30pm

Meet at Wulstan Hall
Priest Lane, WR10 1EB

Do come!
We are waiting to say “Hello”
have you just moved into the area or would you like to make new friends? Come and join us at Pershore WI. We are not all “Jam and Jerusalem” - we enjoy crafts, lunches, skittles and speakers and above all try to have fun.

For more information contact:
Audrey Whitehouse - Tel: 01386 554856
Maureen Speight - Tel: 01386 556772

Vale Golf Club Ladies' Section



Audrey Sidwell (left) a member of the Vale Golf Club being congratulated after winning the Mary Priest Trophy for Bronze Division Best Nett score in the Vets County Championship, held at the Vale on 27th May.

An evening with Ben Cox and Bruce French

Worcestershire wicketkeeper, Ben Cox, has announced the next event in his testimonial season and it promises to be a very special evening. An Evening with Ben & Bruce will feature former England wicketkeeper Bruce French who has been a huge influence on Ben's career and a very funny after dinner speaker. The event takes place at 7.30pm in the Chestnut

Marquee at Worcestershire County Cricket Club on Saturday 24th June. There will also be some special guests dropping in to join the party, a raffle and an auction.

Tickets cost just £20 per person including a curry & rice supper and can be purchased by contacting Mark on 07506 747619 or at ma004g2691@gmail.com

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Vale Golf Club Seniors - Colin Powell wins Esmund Jago Trophy



Captain Will Reading presents the Esmund Jago Trophy to Colin Powell

Thirty-five Senior members of The Vale Golf and Country Club contested the Esmund Jago Trophy in a three club and putter format.

The Results were:

- Div 1
- 1st Rob Sharp 33 points
 - 2nd Mark Harris 32 points

- 3rd. Brian Brumhead 31 points
- Div 2
- 1st Colin Powell 33 points
 - 2nd Larry Taylor 30 points
 - 3rd Colin Bartlett 27 points

The winner of the Esmund Jago Trophy on countback was Colin Powell

The following week a 4 BBB

match play competition attracted 45 players. Due to it being Team Matchplay each winning team received a Vale Seniors Logo golf ball. Nearest the pin on the 5th was Alistair Rowley. The unusual weather conditions over the last two months meant that some competitions were cancelled so it was decided that two stroke play competitions would be played together. The competitions were the John McKeon Salver and the Eclectic One attracting 70 players.

The results were:

- Div 1
- 1st Mark Harris 73 net
 - 2nd Rick Hawkins 74 net
 - 3rd Duilio Perla 76 net
- Div 2
- 1st Mark Haywood 75 net
 - 2nd Chris Hague 76 net
 - 3rd Tony Rose 79 net
- Div 3
- 1st Colin Bartlett 78 net
 - 2nd Alan Watson 79 net
 - 3rd Phil Tilstone 80 net
- Nearest the pin on the 5th Gerry Clayton Nearest the pin on the 11th Rick Hawkins.



THE VALE

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Pershore Times



North Midlands Vase Final!

Pershore 26 v 11 Old Yardleians
Pershore were victorious in the final of the North Midlands Vase, on Sunday at Worcester Rugby Club, to bring home their first silverware in 40 years.

Always the Bridesmaid and never the Bride, Pershore, dominated Old Yardleians from the outset, defended stoutly when their opponents attacked and, being ruthlessly efficient, scored hard-to-come by points. Yards scored first, from a Pershore infringement, but the Piddle Park men hit back soon after, with a driving score from prop Damien May, converted by Ben Crouch, to take a lead they would not relinquish. A further penalty a piece put the score at 13-6 to Pershore going into half time.

Pershore were again on top after the interval, with Stef Ellis and Will Humphreys looking

dangerous in attack throughout, and the back row of Dan Mayfield, Greg Hitchcock and Jack Bacciocchi ferocious in defence. Another Crouch penalty extended the Pershore lead to 16-6, before a prolonged period of pressure allowed Ellis to snipe in under the posts, Crouch again converting for 23-6. Pershore unloaded the bench after the hour with the experienced Martin Hope, Brian Ranns and Jameson Lane adding to the hard work of Josh Hardiman, Ben Sidney and Loran Abbotts and the combinations of AJ Hanson, Tommy Hayes and Todd Charlton at halfback steadying the ship. Another Yards infringement allowed Crouch to cap a perfect afternoon off the tee for 26-6 and some valiant efforts in defence from youngsters Harry Dodds, Harry Westby, Stef Staveley and Reece Davis



along with Takunda Kahwa, keeping Yards at bay to the delight of the vocal Pershore support and coach Stuart Brooks. Yards managed a consolation score on the final whistle, to reward their hard work

throughout, but with the ball into the stand following the kick off, all that was left to do was skipper Luke Hardiman to lift the trophy in the glorious afternoon sunshine and start the partying late into the evening.



Heathlands Residential Care Home in Pershore are delighted to launch

The Allard Respite Suite



Our newly refurbished, eight bed suite provides dedicated pre-bookable respite breaks.

This unique offer ensures peace of mind for those looking to pre-book a short term care break.



Call our dedicated Enquiry Support Team on free-phone **01386 571 067**
sanctuary-care.co.uk

“ Dad is very well cared for 24 hours a day, his room is lovely, food is lovely too and staff are super caring, professional and friendly. Thank you. ”

Daughter of resident - February 2023



carehome.co.uk Review Score for Heathlands Residential Care Home 46 reviews

Based on independent review scores in the last 24 months at the time of going to print.

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